



Vegan Chocolate Ice Cream

Ingredients

- 1 can of organic coconut milk (chilled)
- 1 cup unsweetened almond milk
- 2 frozen ripe bananas
- ½ tsp. xanthan gum ✓
- 2/3 cup raw cacao powder ✓
- 1 tsp. vanilla extract ✓
- ½ cup coconut sugar ✓
- 5-6 Black Bean Brownie Bites (optional) ✓

Instructions

- 1 Bake brownies following box directions and set aside.
- 2 Combine all ingredients (except for brownies) in a blender.
- 3 Mix in brownies and stir gently.
- 4 Place mixture in a glass, freezer-safe container, and freeze for at least 4 hours.
- 5 If the ice cream is too frozen, let it thaw a bit before serving.

Notes

- ✓ Available for purchase in the PureFormulas Store

pureformulas <http://blog.pureformulas.com/>